

FREE INDOOR WALKS

WHEN

Dec. 11 · Jan. 15
Feb. 5 · Mar. 12
9:00-10:00 am

WHERE

**West Chicago High
School Field House**

326 Joliet St., Enter Door C, Wood St./W. Side of School

Does your organization want to “sponsor” a walk?

If yes, please contact:

acooper@healthywestchicago.org

**ALL AGES
EVENT**

JOIN US

No registration required

**CHOOSE TO
WALK A 5K
OR LESS**

**MOVE FOR
30 MINUTES
A DAY**

**IMPROVE
YOUR
HEALTH**

